



Spirit Release Forum

Newsletter August 2011

Background

We live in tumultuous times. As I write this newsletter Tripoli has just fallen to the 'rebels' and the horrors of the forty year Gaddafi regime have thankfully come to an end. Who would have thought at the beginning of the year that so much change would have occurred both at an international level as well as personally? And I have been no different.

For the past ten years I have been involved with the training and development of the Spirit Release Foundation. It has played a significant part in my life and I would like to think that I have made a valuable contribution to its progress. Despite all of the positives that the SRF organisation held there were also a number of constrictions that, like a tight container for a Bonsai tree, prevented our growth from expanding beyond a limited point. The tree inside of me felt very restricted.

I also considered that the focus of the SRF was too centred on just 'spirit release' and not on the wider perspective of the way the Spirit/Soul links into the body and the problems that arise when imbalances between these two polarities occur. Within my own therapeutic practice I have found that by getting this balance right everything else follows.

Events have a wonderful way of conspiring to bring about change when change is needed and for reasons too numerous to mention here I was impelled into setting up a new company and organisation to take these wider concepts into a much bigger arena. I have broken out of the flower pot and the result has been a completely new website and a dynamic team of individuals who are inspired by this greater vision.

It remains to be seen what will happen to the existing SRF organisation, which was set up as an associative club. I hope that it will continue to thrive to provide the core values of communication and support for its members, and that we can work together in the future. The changes have not been easy for both sides although I would like to think that what I have set up is simply taking the core concepts out into a much broader arena.

As discussion, feedback and innovation are a central part of the new company we have called our ship The Spirit Release Forum, with a stress on the word 'forum' and the concept that the term 'spirit release' as well as relating specifically to helping stuck spirits move on, also relates to the full release of our own spiritual self within us. The higher aspiration is to fully ground and earth our spiritual self within the physical.

Our new website contains the essence of the direction we wish to travel, for the moment at least. It is a grand adventure that is potentially limitless. The site will be full of useful ideas, help and support for those in need. As an organisation we will run training programmes in 'spirit release' and in many other complementary fields.

Supporting Team

The setting up of a new organisation needs funds and input. The first of these I have so far provided out of my own pocket and the second has come from a team of willing supporters who have all

made valuable contributions both in feedback and input to where we have travelled at the moment. In the two months we have been operating the flowering has been remarkable. I would particularly like to thank Adrian Doyle, who has played a significant part in the development of the new website; Jane and Amanda Nelson, our international scrutinisers, who have helped keep the focus and content clear; Semele Xerri for her insights into the design of the site; Dr Mark Sterry-Blunt for his written contributions and support; Pat Bromley, for her encouragement and contribution to the Self-Help section of the site; Dr Grant Pearson and Vicky Sweetlove for their feedback and support; Terry Palmer for his articles and many others behind the scenes. Finally I also thank Frida Siton, my partner, for her support and encouragement through what has also been a difficult time for her with health issues.

Membership

We do need funds to flourish and grow and these in part can come from membership. If you feel inspired to support and join us please see the membership part of the site, which allows both an online as well as a printed membership form. See www.spiritrelease.org/membership.php

By way of a special promotion for the new organisation we are offering a substantial 30% reduction in membership fees until the end of December 2011. So do join us now.

Membership confers significant benefits in the cost reduction of attending the Forum's training programmes as well as all workshops or courses promoted through our website site. As well as receiving regular newsletter updates, members also have the facility of being able to participate in the Google group member's forum. This forum at the moment combines members from both the existing SRF as well as our new organisation.

Future Courses and Events

We will be running two Introductory courses in 2011 (October and November) and will start the Professional training at the end of November. In addition I will be running a day's training on Ancestral healing in October and in September there will be an Earth Energy Healing Day at Greenwich in September. Details of these events are given below.

The Feed-Back Loop

To thrive and grow we need feed-back, so any thoughts, ideas at any level about the development of this fledgling organisation will be openly and warmly received.

David Furlong

For full details of all training courses and events please see:

www.spiritrelease.org/training.php and www.spiritrelease.org/events.php

Courses and Events

Introductory Training Course in Spirit Release: Sat/Sun 1-2 Oct and 5-6 Nov. Venue: London WC1

Ancestral Healing with David Furlong: Sat 22 Oct Venue: London WC1

Working with Earth Energies (Pt1) with David Furlong: Sat/Sun 12-13 Nov. Venue: London WC1

Create Your Karmic Grid with Vicky Sweetlove: Sat 15 Oct. Venue: London SW7

Other Events

[Inka Spirit Shamanic Training](#) – courses in Oct and Nov. Venue: London W8.

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