



Spirit Release Forum

Newsletter October 2011

Termites Build without Bosses

In 2002 I read a very interesting article by Bruce Tofield, in the Observer newspaper entitled "Termites Build without Bosses"*, which started with the following paragraphs:

"Termite mounds are remarkable structures. Air-conditioned skyscrapers in inhospitable environments, they are constructed by insects that work together to create a building of staggering complexity. Yet there are no termite architects, no plans to follow, no chief executive termite managing the building process – just individual termites communicating with each other according to simple rules.



Imagine what would happen if termite construction had to be 'managed'.

All kinds of faults and problems would be built in. Armies of termites would waste time waiting for instructions and getting in each other's way, whilst termite managers would become stressed out. Termites, hardy survivors and adapters through countless millennia, would probably soon die out."

The article goes on to state that many organisations and companies operate in a 'managed' way but a few offer an alternative approach. Tofield states "...they create cultures that enable people to work together to generate extraordinary performance – the human equivalent of the termite building. Not only do these organisations succeed at what they do today, through the innovation and learning that emerge from a culture of trust, they create the conditions that allow them to continually evolve in the future." The piece then takes an example of a very successful innovative company that utilises these principles in its organisation. So can SRF (Universal) Ltd become such an organisation? I would love to think so, for it embodies the ethos that seems so apposite for this present time. - *David Furlong*

*The full Observer article can be read at:

<http://www.guardian.co.uk/business/2002/nov/10/madeleinebunting.theobserver>

Greenwich Earth Healing Day

A small group of us met up on the 24th September to explore the 'earth energy' patterns of Greenwich. There are a number of major alignments that pass through this area, which have been by some felt to be a key balancing point for some of the energy matrix of London. This enjoyable, generally sunny day, focused mainly on meditative attunements and clearing of the energy lines rather than any spirit release. Because of its success we are planning another day in November.

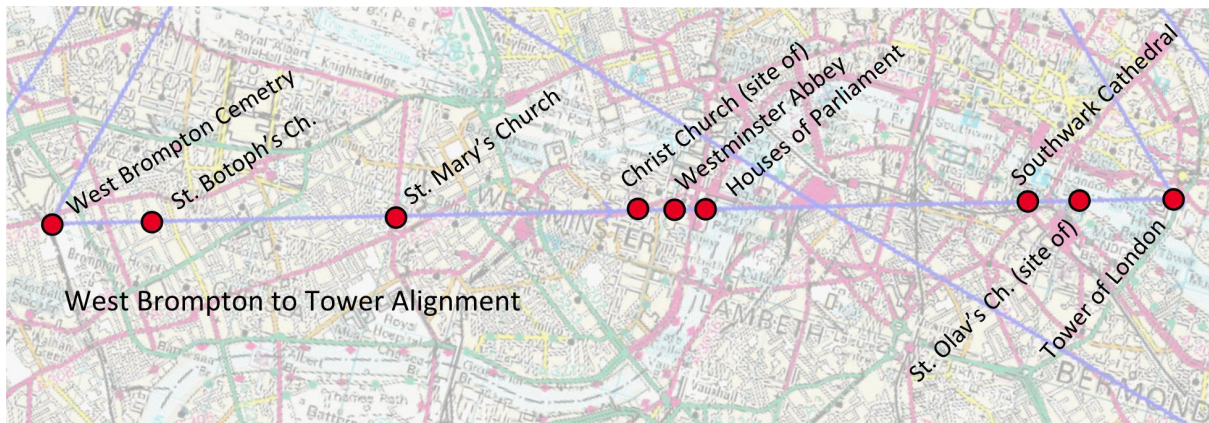


View along the ley.



Earth Energy and Spirit Release Healing Day

This is an onsite day exploring the alignment between the West Brompton Cemetery and the Tower of London. This alignment is part of an equilateral triangle of sites that includes the Cemetery, the Tower of London and Boudicca's Mound on Hampstead Heath.



The West Brompton Cemetery to the Tower of London Alignment - showing its principle sites.

We will start the day with some spirit release work and healing at the Cemetery (I am sure there will be a spirit or two lingering here) and then visit some of the key sites along the alignment including, St Botolph's Church (time permitting), Westminster Abbey, Southwark Cathedral and the Tower of London, where we hope to get special admission. The day will focus on connecting to, and helping balance, the energies along this alignment and what might also be brought into healing the landscape plus any spirit release work. The day will involve a fair amount of walking, (we will also travel using public transport) so please come prepared.

For alignment details see: <http://www.kch42.dial.pipex.com/leyslond1.htm>

Meet: At the Old Brompton Road entrance of the West Brompton Cemetery.

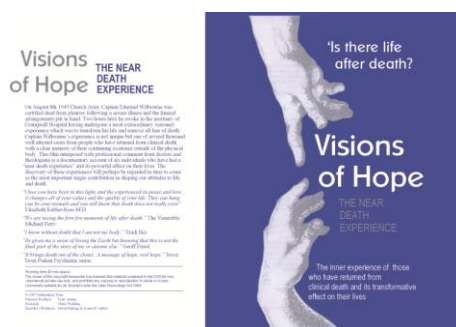
Date: Sunday 20th November 11:00 - 16:30ish (depending on time at the Tower),

Fee: £10:00 - (£5:00 for members) please pay on the day.

Booking: Please let us know if you will be attending by sending an email to David Furlong or a text message to 0777 978 9047

Visions of Hope – The Near Death Experience

In the early 1990's I was involved with the production of a video called Visions of Hope, which presented a number of accounts from individuals who had undergone a 'near death experience' or NDE. It is strange how events come full circle for although the video was originally produced in the old format it is now available exclusively as a DVD from the Forum.



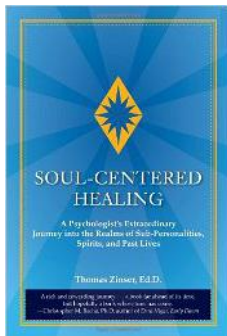
You can see some clips from this video on YouTube including an interview with the late Dr Elizabeth Kubler-Ross. If you click the following link below it will take you through to the relevant page.

<http://www.spiritrelease.org/background/nde.php>

The DVD can be purchased for £10:00 plus £1 p&p directly from the Forum or by using the above link. Cheques should be made payable to SRF (Universal) Ltd.

Book Review

'Soul-Centered Healing: A Psychologist's Extraordinary Journey into the Realms of Sub-Personalities, Spirits, and Past Lives' by Dr Tom Zinser. Review by David Furlong



Every so often a book arrives that opens up new vistas of awareness into the psychological and spiritual nature of who and what we are and the deeper workings of our psyches. One can think of such books as 'The Road Less Travelled' by Scott Peck, 'Other Lives, Other Selves' by Roger Woolger, 'Life after Life' by Raymond Moody and 'Journey of Souls' by Michael Newton.

Is 'Soul Centred Healing' such a book ... probably, although only time can make this judgement? So what makes this book so special?

The book begins with a psychologist opening a private practice and starting to use a number of well tried techniques such as 'Guided Affected Imagery' to help his clients resolve their issues. Some clients benefited whilst others remained obstinately stuck. This 'hit and miss' approach continued until a chance meeting led Dr Zinser to begin working with a channelled guide called Gerod that opened up new perspectives and methods of therapy, which immediately began to have a significant beneficial effect on his treatments and the wellbeing of his clients.

As the co-operation continued more layers of the psyche were revealed. These included the importance and nature of 'Ego states' or 'Sub-personalities', created by the mind to help us cope with traumas which, once created, then act like independent beings within us that need to be understood and worked with in order to resolve the issues they hold.

The book goes on to explore such subjects as spirit attachments and invasions and the methods for their release; the nature and activity of evil spirits and their impact on the psyche; the issues that stem from past-lives before coming back to the central core of the book that there is a power within us, which we can all access through our 'higher self' and soul consciousness that can resolve all of these problems.

As a working manual it is clear, concise and full of insights in the areas it addresses, although some subjects, such as the significance of ancestral patterns are not covered, these may well have formed a part of Gerod's insights. For those who wish to step over the border of conventional counselling and psycho-therapy into the transpersonal world it should be essential reading.

Dr Thomas Zinser

Tom Zinser, Ed.D. is a hypnotherapist with a private practice in Grand Rapids, MI. He holds degrees from the University of Notre Dame (B.A.), Xavier University (M.Ed), and received his doctorate in Counseling Psychology from Texas A&M University: Commerce in 1977.

After serving as a staff psychologist at a local psychiatric hospital, Dr. Zinser started in private practice in 1980. In 1987, he was specializing in the treatment of dissociative disorders when he met Katharine Mackey who channeled a spirit entity named Gerod. After several sessions with Gerod, Dr. Zinser established a clinical collaboration with Gerod that continued for 14 years.

To purchase Tom's book please click this link.

http://www.spiritrelease.org/books/soul_centered.php

We are also hoping that Tom will be able to come across to the UK in 2012 so that we can learn more from his insights.

Website New Additions and Updates

We have continued to upload new information to the website. A big thank you to Dr Mark Sterry-Blunt for his contributions to the Background Section of the site, which now includes articles on Spirit Release in People and Places, the Causes of Attachments and Death and Transition. In addition have an interesting article on Geopathic Stress by Paul O'Halloran from Ireland. Paul has been working extensively with spirit release issues within Irish landscape and properties. We are hoping to be able to run a spirit release training course in Eire in 2012.

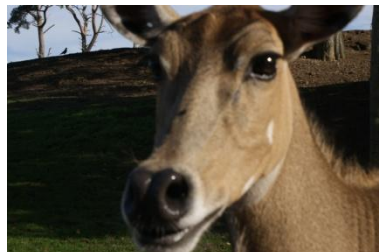
I have also added some articles and video clips, yet there is still plenty to do. We have also started to upload new material to the Self-Help section of the site and much thanks to Pat Bromley for her articles on Australian Flower Essences and Homeopathic remedies, showing how these might be used in helping spirit release issues. If you have any tips for this section please let Pat know. Her email address is patbromley@hotmail.co.uk

We are also looking for any other suitable articles and case studies, so please do forward these to me. The link pages for the above contributions are: <http://www.spiritrelease.org/background.php> and <http://www.spiritrelease.org/selfhelp.php>

Membership

We welcome and thank all those individuals who have joined the Forum since our first newsletter. Your support is greatly appreciated.

By way of adding a light hearted touch to the site we have included a series of animal pictures in the Membership Link in the side bar of the site. Last weekend I visited the West Midland Safari Park and took a lot more photos. However I am sure that there are some members with some captivating animal shots, which we could use so, if you are not shy, please do send these in. When we send out the Winter Issue we will announce a winner for the best picture, for whom the prize will be a free entry at one of our day events.



Some of our new members?

If you feel inspired to support and join us please see the membership part of the site, which allows both an online as well as a printed membership form. See www.spiritrelease.org/membership.php

By way of a special promotion for the new organisation we are offering a substantial 30% reduction in membership fees until the end of December 2011. So do join us now.

Membership confers significant benefits in the cost reduction of attending the Forum's training programmes as well as all workshops or courses promoted through our website site. As well as receiving regular newsletter updates, members also have the facility of being able to participate in the Google group member's forum. This forum at the moment combines members from both the existing SRF as well as our new organisation.

Future Courses and Events

Introductory Training Course and Professional Training

The next introductory training course will be held in London on Sat/Sun 5 - 6 November this year, with another on 11 - 12 February 2012. We aim to start the Professional training in early 2012. Details of these events and other events are given on our website.

Forum Training and Sharing Day

We will be holding a training and sharing day on Saturday 25th February 2012, so please mark this in your diary. The day will include a training session with Dr Mark Sterry-Blunt on his approach to spirit-release, including dealing with remote cases. We will also spend some time looking at the important issues raised by Tom Zinser on the way that spirit attachments link to the 'ego' states or sub-personalities and the methods that can be used to release these situations.

Date: Saturday 12 February 2012. **Venue:** London WC1. **Booking and Fee:** TBA

The Feed-Back Loop

To thrive and grow we need feed-back, so any thoughts, ideas at any level about the development of this fledgling organisation will be openly and warmly received.

Courses and Events

For full details of all training courses and events please see:

www.spiritrelease.org/training.php and www.spiritrelease.org/events.php

Courses and Events

Introductory Training Course in Spirit Release: Sat/Sun 5-6 Nov 2011 and 11-12 February 2012 .
Venue: London WC1

Ancestral Healing with David Furlong: Sat 22 Oct Venue: London WC1

Dowsing Earth Energies BSD approved course Understanding Geopsychic Stress with Vicky Sweetlove: Sat/Sun 12-13 Nov. Venue: London EC2

Earth Energy and Spirit Release Healing Day with David Furlong and Penny Sydenham: Sun 20 November Meet and the Old Brompton Road entrance of the West Brompton Cemetery.

Other Events

[Inka Spirit Shamanic Training](#) – courses in Oct and Nov. Venue: London W8.

Contact: Margaret Law- Homewood Tel: 07958 727 136

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*The Tao person helps others
So no one is lost
And uses things wisely
So nothing is wasted. (Tao Te Ching 27)*