



Working With

SOUL CONSCIOUSNESS

For Health, Healing and
Wellbeing

3rd JUNE 2012
London Conference



The Spirit Release Forum

Helping individuals find spiritual, mental, emotional and physical wellbeing
through an understanding of how spirit/soul consciousness operates through the body

www.spiritrelease.org

Working With Soul Consciousness: For Health Healing and Wellbeing



In 1974 Dr Ralph Allison coined the term the "Inner Self Helper" (ISH) for that part of the psyche that maintains the balance of the Self in multiple personality cases. It has subsequently been recognised by other therapists to be a primary key in the healing of emotional, psychological and spiritual conditions. The ISH can be identified under different names being equated with the Soul, Higher Self or the Daemon, depending on which particular system or reference that is used. What is emerging is the extraordinary power of this aspect of our being to effect change at every level and to resolve deep seated psychological issues, such as possession states, when its healing power is accessed. What are the techniques that can be used to connect to this source of seeming infinite wisdom within us and how can its power be utilised to transform and empower all elements of our life?

This conference bringing together an eminent team of speakers, including **Catherine G. Lucas**, founder of the Spiritual Crisis Network, consultant psychiatrist **Dr David McDonald** and particularly welcoming **Dr Tom Zinser**, author of "Soul-Centered Healing" on a special trip from the USA, will explore the Soul's power to positively enhance the therapeutic process and to potentially become the guiding light in our journey through life.

The aims of the conference:

- Define the concept of the Soul, its connection to consciousness and its role as a powerful source of self-help in the therapeutic process
- Discuss how the power of the Soul can be utilised in dealing with Spiritual Emergency
- Consider the relationship between the Soul and Higher-Self and the 'Inner Self-Helper'
- Explore the way that the Soul can interact with the sub-personalities or 'ego-states'
- Discuss how the Soul can be used to resolve psychological and mental health issues
- Consider how the higher-self aspect of the Soul can help clear spirit attachments, possessions and invasions
- Explore the methods that anyone can use to access the Soul's wisdom and power

Who Should Attend?



The conference will be an important source of information to all those interested in understanding the importance of Soul consciousness in the therapeutic process and its ability to resolve deep seated psychological and mental health issues as well as enormously enhance the quality of our lives. It will be particularly relevant for Counsellors, Therapists, Healers, Psychiatrists, and GP's who can best utilise this source of healing power in their treatments.

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Programme of the Day

9.15 - 10.00

Registration, Tea and Coffee

10.00 - 10.10

Opening Ceremony

10.10 - 10.30

DAVID FURLONG

Introduction by Chair

10.30 - 11.15

CATHERINE G. LUCAS

Hearing and Harnessing the Soul's
Wisdom in Spiritual Emergency

11.15 - 11.45

Tea/Coffee break

11.45 - 12.30

Dr. DAVID McDONALD

Integrative Approaches in the
Frontier between Psychological
and Spiritual Health: Working
with the Transcendent Self

12.30 - 13.15

DELEGATE CONTRIBUTIONS

(Short five to ten minute presentations
on conference theme)

13.15 - 14.15

Lunch and Networking

14.15 - 15.30

Dr. TOM ZINSER

Soul-Centered Therapy: Healing
and the Multidimensional Self

15.30 - 16.00

Tea/Coffee break

16.00 - 16.45

QUESTIONS and ANSWERS

With main speakers

16.45 - 17.00

Closing Session - World Healing



Tom Zinser



Catherine G. Lucas



David McDonald



David Furlong



Venue

The Amadeus Centre, 50 Shirland Road,
Little Venice, London W9 2JA



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Speaker Profiles

Catherine G. Lucas is the author of *In Case of Spiritual Emergency: Moving Successfully Through Your Awakening* (Findhorn Press). She is the Founder of the UK Spiritual Crisis Network, which gained charitable status in 2009. Catherine is also an accredited Mindfulness Trainer. Clients have included the NHS and the MoD, working with soldiers returning from Iraq and Afghanistan. She has featured on BBC Radio 4 and CBS Radio Washington and written numerous articles, including for *Caduceus* and the Medical & Scientific Network *Review*. Catherine regularly speaks at conferences and events, including the recent Conscious Life Expo, Los Angeles.

David McDonald has been a Consultant Psychiatrist for nearly 30 years. He is UKCP Registered Psychotherapist with qualifications as Family Therapist and Group Analyst, and a Royal College Tutor for The Oxford Deanery. David served for many years on the Executive of The Churches' Council for Health and Healing and is Co-Chairman with Bishop Dominic Walker of The Christian Deliverance Study Group. He has co-authored "Deliverance" (SPCK 1987 and 1996) and "A Time to Heal" (Church House 2000), the official Report for the House of Bishops on the Healing Ministry.

As a clinician and as a theologian with an MA in inter-religious studies, David has trained psychiatrists and clergy from the UK and abroad in this interesting and complex area of spiritual and mental health presenting as atypical or paranormal disorders.

Tom Zinser Ed.D. is a hypnotherapist with a private practice in Grand Rapids, MI. He holds degrees from the University of Notre Dame (B.A.), Xavier University (M.Ed), and received his doctorate in Counseling Psychology from Texas A&M University: Commerce in 1977.

After serving as a staff psychologist at a local psychiatric hospital, Dr. Zinser started in private practice in 1980. In 1987, he was specializing in the treatment of dissociative disorders when he met Katharine Mackey who channeled a spirit entity named Gerod. After several sessions, Dr. Zinser established a clinical collaboration with Gerod that continued for 14 years.

In addition to helping clients, this collaboration led to an unprecedented mapping of psychic and spirit dimensions of the self. The result was an approach to healing which he called Soul-Centered Healing. Dr. Zinser recently completed a book of the same title about his collaboration with Gerod and the healing methods that emerged from it.

David Furlong (Conference Chair) has been a therapist, teacher and lecturer for more than 40 years and is the author of six books including *The Healer Within* and *Healing Your Family Patterns*. He was one of the founders of the College of Healing and also served as Director for the Wrekin Trust. In 2004 he became Chair of the Education for the Spirit Release Foundation where he was responsible for helping the development of the educational training and conference programmes. In 2011 he established a new organisation *The Spirit Release Forum* for developing a soul-centred approach to psychological, emotional and spirit release issues. He has worked for most of his life under the guidance of his 'higher-self'.

Web Links and Contact Details



Tom Zinser - <http://www.soulcenteredhealing.net/>
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