LIVERPOOL JOHN MOORES UNIVERSITY AND ALEF TRUST

INFORMATION SHEET FOR CLIENTS

Hypnotic Regression Therapy: Part 2 – A quantitative study

Would you be willing to fill-in a confidential online questionnaire into regression therapy, to support a scientific research project?

Background

As part of a PhD study, quantitative online research is being conducted through Liverpool John Moore's University (UK) and Alef Trust into '*Hypnotic Regression Therapy*' (HRT). This study is the second part of a mixed-method research into HRT. It is hoped that this part of the research will provide a self-evaluated assessment of the therapy's effectiveness. The first stage of the investigation involved a phenomenological analysis of fifteen individuals' therapeutic experience of HRT. This follow-up study, using online questionnaires intends to analyse a single HRT experience from a client's perspective.

This research entails completing confidential online questionnaires relating to a single regression session. If you have had more than one, select the first session you had or the one that seems the most relevant to you.

Recruitment Process

You have been approached through word of mouth or advertising as a possible candidate for this study, which entails filling in a confidential online questionnaire (18 questions), which will take about five minutes to complete.

As part of ethics requirements, you will have to right to refuse to answer specific questions and can withdraw from the project at anytime, without giving a reason and without penalty of your legal rights being affected. This can be done by email.

Participant Suitability

To participate in the study, it is essential that you are a mentally healthy adult (20+) not undergoing treatment by a doctor or psychiatrist for a mental health condition or have been treated for psychotic episodes in the past. While the regression session may have been carried out in a language other than English, it is essential that you are literate in English and able to understand the Information sheet and complete the Consent Form and online questionnaire.

The Questionnaire

The questionnaire will need to be filled in online. A copy of the questionnaire can be forwarded to you, if it would be helpful to reflect on your responses prior to participating.

Confidentiality

The online questionnaires will be on an LJMU secure platform, accessible only to the researcher and his supervisor. All information will be anonymised and no information from your questionnaire will be made available, or accessible to any other individual. When the study has been completed all online information will be deleted, in accordance with LJMU ethics requirements. For those interested, the analysis of the anonymised data will be made available when completed.

The Next Step

An online **Consent Form** can be accessed through the QR code below. Please read the questions carefully and answer 'yes' or 'no' to the questions. If all questions are answered 'yes' you will be taken forward to a page with a URL link to the questionnaire. You will need to use password (see below) to access the questionnaire. If you have any further questions these can be addressed through email, WhatsApp, Microsoft Teams or Zoom calls.

Thank you for reading this information sheet.

Extra special thanks if you are willing to proceed to the next stage by accessing the questionnaire through the QR code below

Principal Investigator: David Furlong PhD student
LJMU Email address: d.r.Furlong@2022.ljmu.ac.uk
LJMU School/Faculty: Psychology
LJMU Central telephone number +44 (0)151 231 2121
Supervisor Name: Dr David McIlroy
LJMU Email Address: d.mcilroy@ljmu.ac.uk

Scan the QR code to access the Consent Form to start the survey or use this link: https://app.onlinesurveys.jisc.ac.uk/s/ljmu/hypnotic-regression-therapy-study-2-client-survey-duplicate

The password you will need is: **HRTsurvey04**